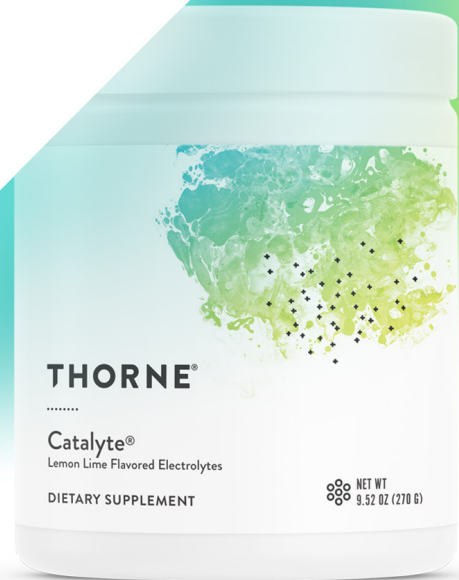


Catalyte®

Restores electrolyte balance and supplies
D-ribose to support muscle function*



Electrolytes **Vitamin C**
B Vitamins **D-Ribose**
————— + Many more



What it is

Catalyte is an electrolyte and energy restoration complex,* consisting of electrolytes – potassium, sodium, chloride, magnesium, and calcium – along with D-ribose, six B vitamins, vitamin C, zinc, and chromium. It's lemon-lime flavored, low in calories, has no artificial sweeteners or flavorings, and is NSF Certified for Sport®.

What it does

Catalyte restores electrolyte balance and supplies D-ribose to support muscle function and stimulate energy recovery.* The ratio of sodium to other ingredients in Catalyte resembles that typically found in sweat. Its blend of potassium, sodium, chloride, calcium, and magnesium, replaces the primary electrolytes lost in perspiration, while also helping to repair and rebuild muscle tissue.* Mixed with water, it's perfect for before, during, and after a workout.*

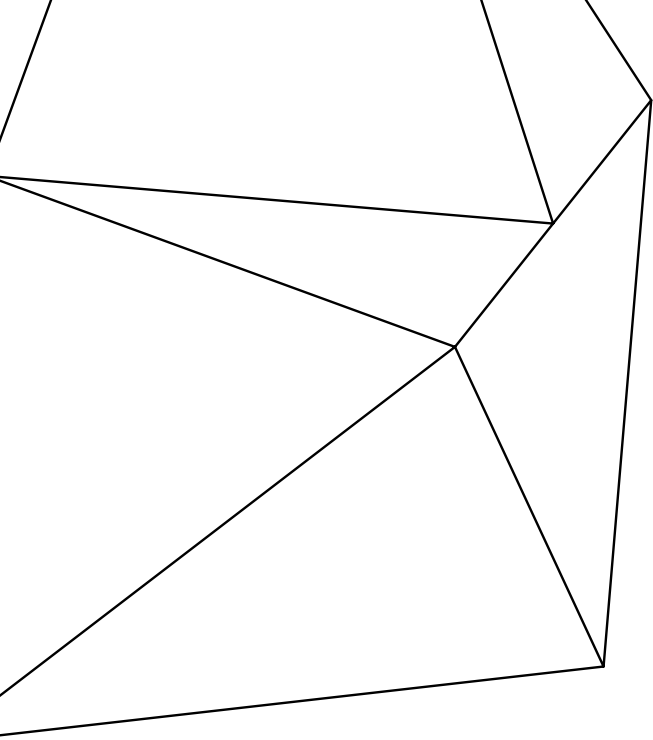
Additional features and benefits

- ✓ Sweetened with stevia so no added sugar in addition to D-ribose
- ✓ Low carb compared to conventional sports drinks – means faster absorption and rehydration with fewer GI side effects*
- ✓ NSF Certified for Sport® to ensure the absence of more than 200 substances banned by many major athletic organizations
- ✓ Pleasant lemon-lime flavor
- ✓ Contains no artificial sweeteners, colorings, or flavoring

Cool off with Catalyte

Catalyte popsicles
✓ 1 scoop Catalyte
✓ 8 oz water

Mix a normal serving of Catalyte (one scoop of powder with 8 ounces of water). Pour into molds, freeze, and enjoy.
✓ **Note:** Depending on the size of the molds, you might need to have multiple popsicles to receive a full serving.



SUPPLEMENT FACTS

Serving Size: One Scoop (9 g); Servings Per Container: 30

V03

One Scoop (9 g) Contains:	%DV
Calories	20
Total Carbohydrate	5 g 2%*
Total Sugars	3 g **
Includes 3 g Added Sugars	6%*
Other Carbohydrate	2 g **
Vitamin C (as Sodium Ascorbate)	100 mg 111%
Thiamin (as Thiamin HCl)	1 mg 83%
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	2 mg 154%
Vitamin B6 (as Pyridoxial 5'-Phosphate)	2 mg 118%
Folate (20 mcg as L-5-Methyltetrahydrofolate† from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	33.3 mcg DFE 8%

One Scoop (9 g) Contains:	%DV
Vitamin B12 (as Methylcobalamin)	6 mcg 250%
Pantothenic Acid (as Calcium Pantothenate)	4 mg 80%
Calcium (Calcium Lactate)	80 mg 6%
Magnesium (as TRAACS® Magnesium Lysinate Glycinate Chelate)††	40 mg 10%
Zinc (as TRAACS® Zinc Bisglycinate Chelate)††	5 mg 45%
Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate)††	15 mcg 43%
Chloride (as Sodium Chloride)	80 mg 3%
Sodium (as Sodium Chloride and Disodium Phosphate)	240 mg 10%
Potassium (as Potassium Citrate)	80 mg 2%
D-Ribose	3 g **

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients

Tapioca Maltodextrin, Citric Acid, Flavors, Dicalcium Phosphate, Silicon Dioxide, Stevia extract (leaf) (Rebaudioside A 95%).

Suggested Use

Mix 1 level scoop with at least 8 ounces of water. Consume before, during, and after your workout or as recommended by your health professional.

If pregnant, consult your health-care practitioner before using this product.

*This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolic Acid, Glucosamine Salt (Quatrefolic®). Quatrefolic is a registered trademark of Gnosis S.p.A.

**This product uses Albion's TRAACS® Magnesium Lysinate Glycinate Chelate, Zinc Bisglycinate Chelate, Chromium Nicotinate Glycinate Chelate. TRAACS is a registered trademark of Albion International, Inc.

SKU	Unit Count	Benefits	Features
SF101	Net wt 9.52 oz	Sports Performance* Muscle/Tendon*	NSF Certified for Sport® Gluten Free Soy Free Dairy Free

THORNE

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Shop now
www.thorne.com

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.