Metagenics[•]



Clear Change ® 10 Day Program with UltraClear ® RENEW

10-Day Metabolic Detoxification Program

Form: Powder Flavor: Berry Size:

The Clear Change[®] **10-Day Program** featuring UltraClear RENEW[®] is designed to enhance the body's natural metabolic detoxification process while providing adequate fuel for both cleansing and other daily activities—providing energy and support for overall well-being. Many people benefit from completing a 10-day metabolic detoxification program two to three times a year.*

Metabolic detoxification is a natural bodily process that consists of 3 major detoxification pathways: Phase I (functionalization), Phase II (conjugation), and Phase III (antiporter activity). In this process, fat soluble compounds must undergo transformation and become water-soluble before they can be excreted.

The 10-day program is ideal for anyone wanting to benefit from an occasional "Spring Cleaning" or somebody who eats a reasonably healthy diet, exercises regularly, and manages stress adequately. It is also ideal for individuals who scored <50 on the Metabolic Detoxification Questionnaire.*

Experience a Clear Change

The **Clear Change Program**, recommended by your healthcare provider, includes key nutritional support you need to start helping you feel your best.* Get started today!

This box contains

- UltraClear[®] RENEW Powder
- AdvaClear[®] Capsules
- Free shaker cup
- Program guide with menu plan
- Webinar invitation

For more information, visit ClearChangeProgram.com

UltraClear[®] RENEW Berry

Ingredients	Amount Per Serving	
Serving Size	2 Scoops (40 g)	
Servings Per Container	21	
Calories	130	
Calories From Fat	30	
Total Fat	3 g	5%*
Saturated Fat	1 g	5%*
Polyunsaturated Fat	1 g	
Monounsaturated Fat	1 g	
Total Carbohydrate	16 g	5%*
Dietary Fiber	6 g	24%*
Sugars	5 g	
Protein	12 g	
Vitamin A (4,000 IU as beta- carotene and 500 IU as retinyl palmitate)	4,500 IU	90%
Vitamin C (as ascorbic acid)	300 mg	500%

Vitamin D (as cholecalciferol)	35 IU	9%
Vitamin E (as d-alpha tocopheryl acetate)	42 IU	140%
Thiamin (as thiamin HCI)	2 mg	133%
Riboflavin	2 mg	118%
Niacin (as niacinamide)	7 mg	35%
Vitamin B_6 (as pyridoxine HCI)	3.4 mg	170%
Folate (as calcium L-5- methyltetrahydrofolate ^{***})	80 mcg	20%
Vitamin B ₁₂ (as methylcobalamin)	3.6 mcg	60%
Biotin	135 mcg	45%
Pantothenic Acid (as D- calcium pantothenate)	36 mg	360%
Calcium (as calcium citrate)	150 mg	15%
Iron	2 mg	11%
Phosphorus (as dipotassium phosphate)	290 mg	30%
lodine (as potassium iodide)	53 mcg	35%

Magnesium (as magnesium citrate and magnesium sulfate)	170 mg	43%
Zinc (as zinc gluconate)	11 mg	73%
Copper (as copper gluconate)	1 mg	50%
Manganese	0.5 mg	25%
Chromium (as chromium picolinate)	50 mcg	42%
Chloride	150 mg	4%
Sodium	80 mg	3%
Potassium (as dipotassium phosphate, potassium citrate, and potassium iodide)	600 mg	17%
Glycine	1.6 g	**
L-Alanine	350 mg	**
Rice Protein Matrix and Polyphenols from Hops (<i>Humulus lupulus</i> L.) Cone Extract (standardized to 2.5% xanthohumol)	250 mg	**



Broccoli (<i>Brassica oleracea</i> L. <i>var. italica</i>) Sprout and Floret Powder [†] (myrosinase activity 30 mg glucose/g) [providing 0.75 mg sulforaphane potential from 1.5 mg glucoraphanin]	153 mg	**
L-Lysine (as L-lysine HCI)	150 mg	**
L-Glutamine	150 mg	**
DL-Methionine	140 mg	**
N-Acetyl-L-Cysteine	125 mg	**
Prune (<i>Prunus domestica</i>) Skin Extract	110 mg	**
Taurine	110 mg	**
L-Tyrosine	100 mg	**
L-Arginine	70 mg	**
Ornithine (as ornithine HCI)	70 mg	**
Watercress (Nasturtium officinale) Aerial Parts 4:1 Extract	67 mg	**
Pomegranate (<i>Punica</i> granatum L.) Whole Fruit Extract [standardized to 72 mg gallic acid equivalent (GAE)]	137.5 mg	**
Decaffeinated [#] Green Tea (Camellia sinensis) Leaf Extract [standardized to 60% (15 mg) catechins and 40% (10 mg) epigallocatechin gallate (EGCG)]	25 mg	**
Sulfate (as magnesium sulfate)	20 mg	**
Dried Melon (<i>Cucumis melo</i> L.) Pulp Juice Concentrate [standardized to 35 IU superoxide dismutase (SOD)] ^{##}	2.6 mg	**

AdvaClear[®]

Ingredients	Amount Per Serving	% Daily Value
Serving Size	2 Capsules [†]	
Servings Per Container	21	
Vitamin A [67% (1667 IU) as beta-carotene ^{tt} and 33% (834 IU) as retinyl palmitate]	2,500 IU	50%
Vitamin C (as ascorbic acid)	133 mg	222%
Vitamin D (as cholecalciferol)	33 IU	8%
Vitamin E (as d-alpha tocopheryl succinate)	67 IU	223%
Thiamin (as thiamin mononitrate)	10 mg	667%
Riboflavin	5 mg	294%
Niacin (as niacinamide and niacin)	23 mg	115%
Vitamin B_6 (as pyridoxine HCI)	17 mg	850%
Folate (as calcium L-5- methyl-tetrahydrofolate ¹¹¹)	268 mcg	67%
Vitamin B_{12} (as methylcobalamin)	33 mcg	550%
Biotin	66 mcg	22%
Pantothenic Acid (as d- calcium pantothenate)	33 mg	330%
Zinc (as zinc citrate)	6.5 mg	43%

Selenium (as selenomethionine)	50 mcg	71%
Copper (as copper citrate)	0.65 mg	33%
Manganese (as manganese citrate)	1.65 mg	85%
Molybdenum (as molybdenum aspartate)	66 mcg	88%
Silymarin (from milk thistle seed extract, <i>Silybum</i> <i>marianum</i>)	50 mg	*
Decaffeinated [#] Green Tea (Camellia sinensis) Leaf Extract [standardized to 60% (33.6 mg) catechins and 40% (22.4 mg) epigallocatechingallate (EGCG)]	56 mg	*
Artichoke (Cynara scolymus) Leaf Extract (containing cynarin and chlorogenic acid)	167 mg	*
Watercress (<i>Nasturtium</i> officinale) Aerial Parts 4:1 Extract	133 mg	*
Pomegranate (<i>Punica</i> granatum L.) Whole Fruit Extract [standardized to 45.8 mg gallic acid equivalent (GAE)]	87.5 mg	*
N-Acetyl-L-Cysteine	67 mg	*
Sodium Sulfate	100 mg	*
Taurine	117 mg	*

UltraClear[®] RENEW Berry

Other Ingredients: Rice protein concentrate, pea protein isolate, isomalto-oligosaccharide, apple fiber, organic cane sugar, olive oil, medium-chain triglycerides, gum Arabic, hibiscus and black carrot juice (color), silica, citric acid, xanthan gum, Luo Han Guo fruit (monk fruit) extract, guar gum, natural flavors,^ rice maltodextrin, and hydrogenated palm oil.^{###}

Directions: Shake canister before scooping. Blend, shake or briskly stir about 2 level scoops (40 grams) of UltraClear RENEW into 8 fluid ounces of chilled water or juice twice daily or as directed by your healthcare practitioner. For highly sensitive individuals, consider reducing consumption to 1/2 to 1 scoop with 4-5 ounces of chilled water or juice twice daily during the first 3-4 days before starting a full daily dose.

Warning: Not for use in patients with severe kidney disease or those with raised serum potassium levels or taking certain diuretics, cardiac, bladder or asthma medications. Excess vitamin A intake may be toxic, may increase the risk of birth defects, and may contribute to osteoporosis. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day unless instructed to do so by a healthcare practitioner.

Caution: Recommended to be taken only as directed and under the supervision of a licensed healthcare practitioner. Do not use if pregnant or nursing. Keep out of reach of children.

This product is non-GMO and gluten-free.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.

AdvaClear®

Other Ingredients: Capsule

(hydroxypropylmethylcellulose), microcrystalline cellulose, magnesium stearate (vegetable), and silica.

Directions: Take two capsules once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Warning: Excess vitamin A intake may be toxic, may increase the risk of birth defects, and may contribute to osteoporosis. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day unless directed to do so by a healthcare practitioner.

Caution: If pregnant or nursing, taking other nutritional supplements, or taking medications, consult your healthcare practitioner before use. To be taken under supervision of a healthcare provider. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established

† Vegetarian capsule

⁺⁺ Betatene[®] mixed carotenoids.

⁺⁺⁺ As Metafolin[®] U.S. Patent Nos. 5,997,915;

6,254,904. Metafolin $\ensuremath{\$}$ is a registered trademark of Merck KGaA, Darmstadt Germany

⁺ Brassinase is a trademark of VDF FutureCeuticals, Inc.

Contains no more than 4% caffeine

^{##} SOD B Extramel[®] is a registered trademark of Bionov.

**** RSPO certified (Roundtable on Sustainable Palm Oil)

^ No MS

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65warnings.ca.gov/food