Metagenics[•]



Clear Change ® 10 Day Program with UltraClear ® RENEW

10-Day Metabolic Detoxification Program

Form: Powder Flavor: Vanilla Size:

The Clear Change[®] **10-Day Program** featuring UltraClear RENEW[®] is designed to enhance the body's natural metabolic detoxification process while providing adequate fuel for both cleansing and other daily activities—providing energy and support for overall well-being. Many people benefit from completing a 10-day metabolic detoxification program two to three times a year.*

Metabolic detoxification is a natural bodily process that consists of 3 major detoxification pathways: Phase I (functionalization), Phase II (conjugation), and Phase III (antiporter activity). In this process, fat soluble compounds must undergo transformation and become water-soluble before they can be excreted.

The 10-day program is ideal for anyone wanting to benefit from an occasional "Spring Cleaning" or somebody who eats a reasonably healthy diet, exercises regularly, and manages stress adequately. It is also ideal for individuals who scored <50 on the Metabolic Detoxification Questionnaire.*

Experience a Clear Change

The **Clear Change Program**, recommended by your healthcare provider, includes key nutritional support you need to start helping you feel your best.* Get started today!

This box contains

- UltraClear[®] RENEW Powder
- AdvaClear[®] Capsules
- Free shaker cup
- Program guide with menu plan
- Webinar invitation

For more information, visit ClearChangeProgram.com

UltraClear[®] RENEW Vanilla

2 Scoops (40 g)	
21	
140	
30	
3 g	5%*
1 g	5%*
1 g	
1 g	
17 g	6%*
6 g	24%*
4 g	
12 g	
4,500 IU	90%
300 mg	500%
	g) 21 140 30 3 g 1 g 1 g 1 g 1 g 1 7 g 6 g 4 g 1 2 g 4,500 IU

Vitamin D (as cholecalciferol)	35 IU	9%
Vitamin E (as d-alpha tocopheryl acetate)	42 IU	140%
Thiamin (as thiamin HCl)	2 mg	133%
Riboflavin	2 mg	118%
Niacin (as niacinamide)	7 mg	35%
Vitamin B_6 (as pyridoxine HCl)	3.4 mg	170%
Folate (as calcium L-5- methyltetrahydrofolate ^{***})	80 mcg	20%
Vitamin B ₁₂ (as methylcobalamin)	3.6 mcg	60%
Biotin	135 mcg	45%
Pantothenic Acid (as D- calcium pantothenate)	36 mg	360%
Calcium (as calcium citrate)	150 mg	15%
Iron	2 mg	11%
Phosphorus (as dipotassium phosphate)	290 mg	29%
lodine (as potassium iodide)	53 mcg	35%

Magnesium (as magnesium citrate and magnesium sulfate)	170 mg	43%
Zinc (as zinc gluconate)	11 mg	73%
Copper (as copper gluconate)	1 mg	50%
Manganese	0.5 mg	25%
Chromium (as chromium picolinate)	50 mcg	42%
Chloride	150 mg	4%
Sodium	80 mg	3%
Potassium (as dipotassium phosphate, potassium citrate, and potassium iodide)	600 mg	17%
Glycine	1.6 g	**
L-Alanine	350 mg	**
Rice Protein Matrix and Polyphenols from Hops (<i>Humulus lupulus</i> L.) Cone Extract (standardized to 2.5% xanthohumol)	250 mg	**



153 mg	**
150 mg	**
150 mg	**
140 mg	**
125 mg	**
125 mg	**
110 mg	**
100 mg	**
70 mg	**
70 mg	**
67 mg	**
137.5 mg	**
25 mg	**
20 mg	**
2.6 mg	**
	150 mg 150 mg 140 mg 125 mg 125 mg 110 mg 70 mg 67 mg 137.5 mg 25 mg 20 mg

AdvaClear[®]

Ingredients	Amount Per Serving	% Daily Value
Serving Size	2 Capsules ^{\dagger}	
Servings Per Container	21	
Vitamin A [67% (1667 IU) as beta-carotene ^{tt} and 33% (834 IU) as retinyl palmitate]	2,500 IU	50%
Vitamin C (as ascorbic acid)	133 mg	222%
Vitamin D (as cholecalciferol)	33 IU	8%
Vitamin E (as d-alpha tocopheryl succinate)	67 IU	223%
Thiamin (as thiamin mononitrate)	10 mg	667%
Riboflavin	5 mg	294%
Niacin (as niacinamide and niacin)	23 mg	115%
Vitamin B ₆ (as pyridoxine HCI)	17 mg	850%
Folate (as calcium L-5- methyl-tetrahydrofolate ^{†††})	268 mcg	67%
Vitamin B_{12} (as methylcobalamin)	33 mcg	550%
Biotin	66 mcg	22%
Pantothenic Acid (as d- calcium pantothenate)	33 mg	330%
Zinc (as zinc citrate)	6.5 mg	43%
Selenium (as selenomethionine)	50 mcg	71%
Copper (as copper citrate)	0.65 mg	33%

Manganese (as manganese citrate)	1.65 mg	85%
Molybdenum (as molybdenum aspartate)	66 mcg	88%
Silymarin (from milk thistle seed extract, <i>Silybum</i> <i>marianum</i>)	50 mg	*
Decaffeinated [#] Green Tea (<i>Camellia sinensis</i>) Leaf Extract [standardized to 60% (33.6 mg) catechins and 40% (22.4 mg) epigallocatechingallate (EGCG)]	56 mg	*
Artichoke (<i>Cynara scolymus</i>) Leaf Extract (containing cynarin and chlorogenic acid)	167 mg	*
Watercress (<i>Nasturtium officinale</i>) Aerial Parts 4:1 Extract	133 mg	*
Pomegranate (<i>Punica</i> granatum L.) Whole Fruit Extract [standardized to 45.8 mg gallic acid equivalent (GAE)]	87.5 mg	*
N-Acetyl-L-Cysteine	67 mg	*
Sodium Sulfate	100 mg	*
Taurine	117 mg	*

UltraClear® RENEW Vanilla

Other Ingredients: Rice protein concentrate, pea protein isolate, isomalto-oligosaccharide, apple fiber, organic cane sugar, gum acacia, olive oil, medium-chain triglycerides, natural flavors,^ silica, xanthan gum, Luo Han Guo fruit (monk fruit) extract, guar gum, rice maltodextrin, and hydrogenated palm oil.^{###}

Directions: Shake canister before scooping. Blend, shake or briskly stir about 2 level scoops (40 grams) of UltraClear RENEW into 8 fluid ounces of chilled water or juice twice daily or as directed by your healthcare practitioner. For highly sensitive individuals, consider reducing consumption to 1/2 to 1 scoop with 4-5 ounces of chilled water or juice twice daily during the first 3-4 days before starting a full daily dose.

Warning: Not for use in patients with severe kidney disease or those with raised serum potassium levels or taking certain diuretics, cardiac, bladder or asthma medications. Excess vitamin A intake may be toxic, may increase the risk of birth defects, and may contribute to osteoporosis. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day unless instructed to do so by a healthcare practitioner.

Caution: Recommended to be taken only as directed and under the supervision of a licensed healthcare practitioner. Do not use if pregnant or nursing. Keep out of reach of children.

This product is non-GMO and gluten-free.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.

AdvaClear®

Other Ingredients: Capsule

(hydroxypropylmethylcellulose), microcrystalline cellulose, magnesium stearate (vegetable), and silica.

Directions: Take two capsules once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Warning: Excess vitamin A intake may be toxic, may increase the risk of birth defects, and may contribute to osteoporosis. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day unless directed to do so by a healthcare practitioner.

Caution: If pregnant or nursing, taking other nutritional supplements, or taking medications, consult your healthcare practitioner before use. To be taken under supervision of a healthcare provider. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established

[†] Vegetarian capsule

^{††} Betatene[®] mixed carotenoids.

⁺⁺⁺ As Metafolin[®] U.S. Patent Nos. 5,997,915;

6,254,904. Metafolin[®] is a registered trademark of

Merck KGaA, Darmstadt Germany

⁺ Brassinase is a trademark of VDF FutureCeuticals, Inc.

Contains no more than 4% caffeine

^{##} SOD B Extramel[®] is a registered trademark of Bionov.

**** RSPO certified (Roundtable on Sustainable Palm Oil)

^ No MSG

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65warnings.ca.gov/food